

How to be Intentional about Your Growth and Development this Fall

July 2020 | LinkedIn Article by Dr. Thomas Epperson



Autumn is a busy time of the year. As a leader, are you consistently intentional about your own development and growth, and making the time to do so? There are plenty of effective activities – both informal opportunities and formal programs – that will help ignite your potential and foster a culture of continuous learning.

Consider the following:

- **Leadership Coaching.** Leadership coaching is not just for c-suite executives. Coaching can improve self-awareness, build leadership skills, and generate more effective behaviors at every level of the organization.
- **Workshops.** Workshops allow for shared tools and shared experiences within a team. They are priceless when relevant and when the skills taught are practical and easily used.
- **Book Clubs.** Book clubs encourage collaboration and communication while learning something new.
- **Shared 360 Assessments.** A 360 assessment helps measure the effectiveness of leaders and the organization. Use 360s to give individuals feedback on their leadership – increasing self-awareness while supporting transparency and ultimately improving team performance.
- **Field Trips.** Find out what's going on in your community and what makes it tick. We can learn powerful lessons by stepping outside of our comfort zones and experiencing another way of operating rather than reading a white paper or sitting through another office meeting.

Remember, as you focus on your own growth and development, you will be leading by example, while encouraging your team to do the same.

Learn more about InnerWill Leadership Institute at www.InnerWill.org.

INNERWILL

LEADERSHIP INSTITUTE

For more information and articles on
Values Based Leadership follow us on:



BETTER PERSON BRAVER LEADER WISER WORLD®

innerwill.org 844.898.WILL info@innerwill.org

© 2020 InnerWill Leadership Institute. All rights reserved.